

2020: Do You Think Our Presidents Should Be Dictators?

We Can't Have it Both Ways



Some of the most common posts I see on social media these last few months hover around a handful of conflicting statements regarding the COVID numbers and ending with, “the President is a dictator,” or “the President should have done more.”

So, I’ve done some research on all three topics, as well as what the US Constitution actually says, just to get some information out there and to hopefully clear up all the confusion over all the conflicting information. My intent is to help you to decide what makes more sense to you.

Let’s first take a closer look at,

All the COVID19 Numbers

First, regarding the topic of the numbers of people who have caught the corona virus (aka, China Virus, COVID19) in the US, and the number of people who have died from it.

I think its pretty common knowledge that a lot of hospitals were incentivized to mark the COVID as cause of death. There have been a lot of numbers floating around as to how much more a hospital would be reimbursed for each case. Here is the latest information I could find on the topic:

<https://www.usatoday.com/story/news/factcheck/2020/04/24/fact-check-medicare-hospitals-paid-more-covid-19-patients-coronavirus/3000638001/>

Regardless of the amount, it was still an incentive. Which stands to reason, some of the numbers might have been inflated.

The other interesting thing to note, is that there were no actual tests was back in the beginning because this was a new, “novel” virus. So again, one would have to question the accuracy. I mean, a lot of people have horrendous symptoms when they catch the flu especially if they are



obese or have a weak heart. So yeah, it would have been real easy to slap a new label on such a patient if the doctors just weren't really sure what they were looking at when all of a sudden a ton people came in with similar symptoms.

So, keeping all those variables in mind, here are some numbers I pulled from the CDC website on Sunday, September 20, 2020.

Actual numbers & percentage of mortality:

<https://www.cdc.gov/coronavirus/2019-ncov/covid-data/covidview/index.html>

Out of 48 million tests, around 4 million people have contracted the coronavirus, and nearly 100,000 have died. When I did the math with the exact numbers show on this page on that date, the mortality rate is still less .029 %...less than 1%. That is not to say that the numbers are any less devastating than they are though. But keep in mind that as of January this year, the US population rings in a little over 331 million. ***I think this number helps to keep things in perspective especially when comparing to other countries that are a fraction of the size and population of the US.***

Interesting thing about this site and page, the data seems to disappear and come back with days in between.

The other interesting thing is that they use this phrase a lot throughout the page:

Pneumonia, influenza, or COVID-19

The CDC appears to be mixing these three different illnesses into their text regarding the coronavirus. That tells me that testing still isn't what it should be, and it makes me wonder, what do the CDC numbers really represent? Oh, and why are the news outlets not really sharing *all of this information*? I would think they have just as much access to the CDC site as I do in order to validate their news story data before broadcasting it.

But you know, it seems to me that **these numbers would be a lot more helpful to everyone if we had an idea of whether or not we're in a high risk group, or at the very least, if we could do something to either prevent catching it, or, better yet, avoid dying from it.** Doesn't that sound reasonable to you?

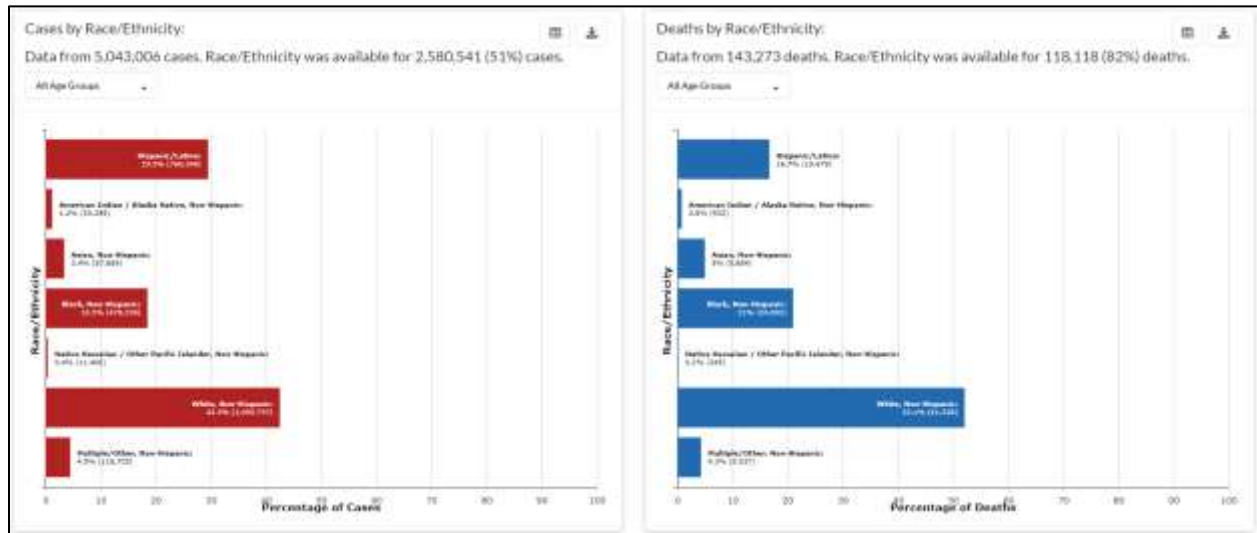
So let's take a look at some of the demographics, starting with race and age.



Race

According to the first chart on the page ([link below](#)), it looks like white folks have the highest death rate followed by Hispanics, then Black people. So why do I hear commercials on the radio saying that Blacks have 48% higher chance of dying from COVID19 if they catch it?

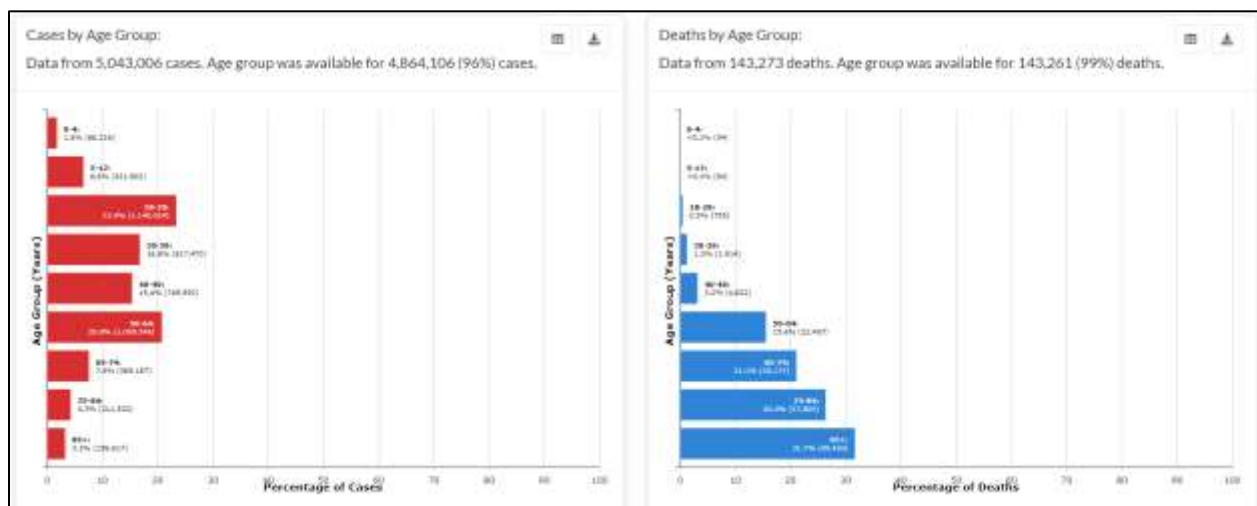
<https://covid.cdc.gov/covid-data-tracker/#demographics>



Age

Then check out the age groupings shown in the next table on the same CDC site page ([link below](#)).

<https://covid.cdc.gov/covid-data-tracker/#demographics>

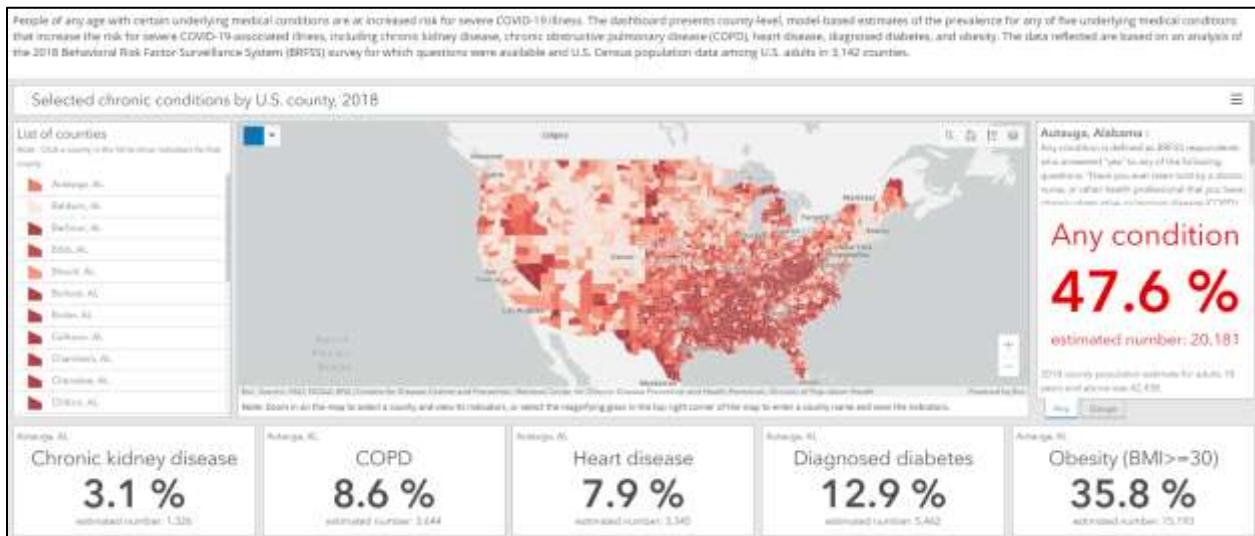


It looks like the kids in the 18 – 20 age bracket are just as likely to catch this as someone in the 50 – 64 year age bracket. Interesting that the folks over 65 are less likely to catch anything. I'm guessing because they don't get out much anymore. But I'm not sure how that works for the kids in school (*under 17*). My guess is a stronger immune system in those younger years.

But then look at those who are more likely to die. Hmm I wonder if that is because when people get to be over 50, they slow down, i.e., are less active and don't watch their diet. Well let's look at the next section and find out.

Underlying medical conditions

<https://covid.cdc.gov/covid-data-tracker/#underlying-med-conditions>



The map on this site page allows you to select your state and then your county to see what your health demographics look like as well as how many people are dying with those comorbidities.

In the county I captured above (as well as all the other counties I clicked on) it looks like obesity is going to be your number one high risk condition, followed by diabetes.

I understand that many people are born with certain conditions such as bad kidney, a weak heart condition, type 1 diabetes, or a misfiring thyroid that could cause weight issues. But I don't believe that is true for 100% of the people.

Which brings me to my next two questions:

- How many of these chronic conditions can be prevented or, at the very least, controlled with minor changes in diet and lifestyle habits?
- And how many doctors know this?



I'd feel safe in saying that unless they are the "I barely made it through medical school doctors," at least 99.9% know this. If anything, one could watch tv, talk with friends, or read the label on the pack of cigarettes! Preventative actions for all but maybe kidney disease, is pretty common knowledge.

Then that brings up my next two questions:

- Why have all the COVID medical "experts" only focused on things like washing our hands, wearing a mask and staying at home whether we're healthy or sick?
- Doesn't it stand to reason that if one took some simple steps to build their immune systems, this social isolation of everyone wouldn't have been required for as long?

Instead, this has been going on for months and now the fall-out is much more worse to many people than getting the virus.

I'm talking about people losing jobs, businesses, an all-around tanked economy, a rise in homelessness, obesity (*which throws more people in the highest risk category*), alcoholism, domestic violence, anxiety, depression and suicide.

Seems to me that if more doctors (*and the media*) pushed things like adding a little exercise to our morning routine, perhaps adding some lemon juice to our breakfast meal, cutting back on the cigarette smoking, cutting back on our portion sizes or fried foods, and limiting our alcohol intake, it could have made a tremendous difference in America's immune systems, thus decreasing everyone's likelihood of even getting sick.

There were so few (*of us*) promoting things like that with zero support from anyone. Click here to learn more:

<https://janetmnast.com/seven-other-things-you-can-do-to-hedge-your-bets-against-any-illness/>

But no, instead there was a huge push for ordering all meals – especially fast food – from delivery services, sitting inside all day and just watching TV while consuming every snack and dessert available and washing it down with all the beer and wine the TV could sell to us. And we were all encouraged to just shop from our couches in our pajamas:

We all helped the Amazon and Walmart owners become billionaires!

Not a single word about improving diets or any exercise you could do in five minutes in the morning or in front of the TV.

It's too bad the mainstream media didn't think of that.

And all newscasters insisted all of this was the President's fault.



We Can't Have it Both Ways!

I'm not going to do hours of work to find a list of all the things that were going well for this country before the corona virus was officially recognized in this country sometime in Feb of 2020. I think we all know it's been 3.5 years of the media pushing the "I hate President Trump" agenda and many people going along with it.

When stuff hit the fan around Feb of 2020 it seems to me that the POTUS was doing his best to make sense of things and listening to the ever-changing opinions of Dr. Fauci: "It's no worse than a severe flu" the doctor said in the New England Journal of Medicine on March 20th. Two days later the same doctor said "200,000 million people will die in the next few months," OMG! And panic set in!

Then the President acted quickly and decisively by shutting down all incoming travel from China because word was that the virus came from Wuhan, China. Then he did the same for the UK. As a result the media, and many others, labeled the POTUS a racist. And Nancy Pelosi was leading her own parade on that topic in San Francisco's China Town.

Since then the stories and science have changed on a daily basis! President Trump seems to make *recommendations* based on the information of the day.

Here are the few things on which a lot of angry people have agreed:

- We really don't know anything about this virus.
- Trump is a racist for shutting down incoming travel from China and the UK.
- Trump is a dictator!
- Trump didn't do enough: He should have dictated & enforced a plan for all 50 states.
- Trump knows nothing about the constitution.
- Trump is responsible for all of this mess.

Ok, the first statement is probably the only real truth that's been pounded into our heads over the last six months. The minute one begins a sentence with the name "Trump," I'm going to have to do some research.

But to keep things as simple as possible, I'm going to address the conflict in two of these statements as well as the role the constitution plays in them:

- **Trump is a dictator.**



- **Trump didn't do enough: He should have dictated & enforced a plan for all 50 states.**

Am I the Only One Who Sees the Conflict Here?

Am I the only one who sees what's wrong with these two statements as they are being used simultaneously? Just in case, let me see if I can make it clear:

If President Trump was a dictator (*loosely defined as one who rules all the land/states with no input from anyone else and no questions asked, i.e., Fidel Castro*) then he would have dictated a plan for all 50 states to follow and brought in the military to enforce said plan.

That said, according to the constitution, a President can only pass a federal law (*one that is enforceable across all state lines*) after it has been written up by the House of Representatives, passed through and approved by the Senate, and then dropped on his desk for a signature. He can make suggestions, but it still has to go through this very same process. (*See US Constitution, Article I, link below.*)

So when it comes to creating and enforcing laws and rules for all 50 states, I'm sorry but that really does take an act of Congress (*Senate and House of Representatives*) but, one first has to have all governors in all states to discuss and agree on said law. And that's because what might be a good idea for one state with, say, mostly farming interests, would not work well in New York City. (*See US Constitution, Articles I and IV as well as the Tenth Amendment, aka, State's Rights, in the US Constitution links below.*)

If you do not understand how this all works, or want to question what I say, please, check out the links below first: they take you directly to the site containing the text of the US Constitution.

To summarize:

President Trump does know the constitution, and

We cannot have it both ways.

By the way, if you can find anything in the US Constitution that says the three branches of the government are responsible for your personal health, please let me know.

Reference Links for the US Constitution

Article I: Legislative Branch (Senate and House of Representatives)

<https://constitution.congress.gov/constitution/article-1/>

Article II: Executive Branch (The President)

<https://constitution.congress.gov/constitution/article-2/>

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Article III: Judicial Branch (Supreme Court)
<https://constitution.congress.gov/constitution/article-3/>

Article IV: Relationship Between the States
<https://constitution.congress.gov/constitution/article-4/>

Tenth Amendment: Rights Reserved to the States and to the People
<https://constitution.congress.gov/constitution/amendment-10/>

So who is really responsible for how decisions are made in our 50 individual states and the fall-out, good or bad?

We'll let's start by taking a look at the Preamble to the Constitution, Article IV, Section 4, and the Tenth Amendment, Relationships between the states. (*See links above*)

Preamble

We the People of the United States, in order to form a more perfect Union, establish Justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the Blessings of Liberty to ourselves and our posterity, do ordain and establish this Constitution for the United States of America.

Article IV, Section 4

The United States shall guarantee to every State in this Union a Republican Form of Government, and shall protect each of them against Invasion; and on Application of the Legislature, or of the Executive (when the Legislature cannot be convened) against Domestic Violence.

Tenth Amendment

The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people.

Apparently, Each State Decides for Itself

Hmmm, it looks to me like each state gets to make, and is responsible for, their own decisions.

So, when Governor Sisolak (*D-Nevada*) decided to declare a state of emergency in Nevada in order to collect federal funds for the pandemic, as well as requested the national guard to come in, thereby shutting down the only industry in Nevada and destroying the entire economy without a second thought, yep, that was on him alone, not the US President.



So, do you think our President should be a dictator? Or stick with his or her role as outlined in the US Constitution?

I hope you find this article informative and thought provoking and I'd love to hear your thoughts. If you have any questions or comments, please do us both a favor and site your references so that I may be more efficient in my replies.

Sincerely,

Jan

